NOVEMBER 2026
TRI-CENTER MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 B: BACON & EGG ENGLISH MUFFIN BFAST SANDWICH STRAWBERRIES L: GOULASH CORN BREAD GREEN BEANS APPLES	**3** B: HOMEMADE BREAKFAST BURRITOS SLICED PEACHES L: CRISPY CHICKEN SANDWICH POTATO WEDGES STEAMED BROCCOLI APRICOTS	**4** B: PANCAKES, SYRUP STRAWBERRIES L: BEEF TACO BAR LETTUCE, TOMATO, CHEESE REFRIED BEANS FRIED RICE PINEAPPLE, CHURRO	**5** B: CEREAL, TOAST MIXED BERRIES L: PORK CHOP ROASTED POTATOES BAKED BEANS BAKED APPLES	**6** B: HASHBROWN & EGG CASSEROLE FRUIT COCKTAIL L: SPAGHETTI & MEATBALLS BREADSTICK GREEN BEANS MANDARIN ORANGES
9 B: BLUEBERRY BAGEL, CREAM CHEESE DICED PEACHES L: POPCORN CHICKEN MASHED POTATOES, GRAVY, CORN DICED PEARS	**10** B: WAFFLES, SYRUP SLICE PEARS L: WINGS BBQ/BUFFALO POTATO STARS COLE SLAW, GRAPES	**11** B: YOGURT PARFAIT WITH BERRIES & GRANOLA L: CHILI STICKY CINNAMON ROLL STEAMED BROCCOLI PINEAPPLE	**12** B: CEREAL TOAST DICED PEARS L: CHICKEN NUGGETS FRENCH FRIES CORN ON COB SLICED PEACHES	**13** B: BREAKFAST TOTCHOS FRUIT COCKTAIL L: THANKSGIVING DINNER WITH ALL OF THE TRIMMINGS
16 B: EGG & SAUSAGE SANDWICH CUTIES L: MAC & CHEESE KIELBASA DINNER ROLL PEAS CUTIES	**17** B: COMPANY FRENCH TOAST CASSEROLE DICED PEARS L: BEEF NACHOS CHEESE SAUCE REFRIED BEANS RICE PINEAPPLE	**18** B: PASTRIES MIXED FRUIT L: PULLED PORK POTATO WEDGES BAKED BEANS COLESLAW APPLE CRISP	**19** B: CEREAL, TOAST MANDARIN ORANGES L: CHICKEN NOODLE SOUP GRILLED CHEESE GREEN BEANS SLICED PEARS	**20** B: BISCUITS & GRAVY STRAWBERRIES L: COUNTRY FRIED STEAK MASHED POTATOES ROASTED ZUCCHINI SQUASH SLICED PEACHES
23 B: BREAKFAST PIZZA PINEAPPLE L: BREAKFAST AT NOON FRENCH TOAST STICKS SAUSAGE, HASH BROWNS OMELET, APPLESAUCE	**24** B: CEREAL, TOAST MIXED FRUIT L: MOSTACCIOLI SALAD DINNER ROLL SLICED PEACHES BROWNIES	**25** NO SCHOOL	**26** NO SCHOOL HAPPY thanksgiving	**27** NO SCHOOL

AVAILABLE FOR MIDDLE SCHOOL & HIGH SCHOOL STUDENTS:

SALADS

CONSIDERED A COMPLETE MEAL

MONDAY:
CHICKEN CAESAR SALAD

TUESDAY:
ASIAN SALAD

WEDNESDAY:
TACO SALAD

THURSDAY:
COBB SALAD

FRIDAY:
FALL HARVEST SALAD

BOX LUNCH & MORE

CONSIDERED A COMPLETE MEAL

MONDAY:
TURKEY & PROVOLONE

TUESDAY:
HAM & AMERICAN CHEESE

WEDNESDAY:
MEATBALL SUB

THURSDAY:
BAKED POTATO BAR

SLICE OF PIZZA

AVAILABLE: TUESDAY & THURSDAY
STUFFED CRUST CHEESE
STUFFED CRUST PEPPERONI

MAKE IT A COMPLETE MEAL BY GRABBING A FRUTI, VEG, MILK OR EAT IT A'LA CARTE FOR $1.50

RICE BOWLS

CONSIDERED A COMPLETE MEAL

MONDAY: CHICKEN
WEDNESDAY: BEEF
FRIDAY: CHICKEN

8OZ OF JUICE SERVED WITH BREAKFAST
MILK AVAILABLE AT ALL MEALS
MENU SUBJECT TO CHANGE WITHOUT NOTICE

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.